

Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday											
TIME	S3				TIME	S3				TIME	S3				TIME	S3				TIME	S3				TIME	S3				TIME	S3										
00:00	02:30	9	1	15	7	00:00	02:30	2	15	7	9	00:00	02:30	13	7	10	2	00:00	02:30	7	10	b	13	00:00	02:30	7	b	14	10	00:00	02:30	7	14	1	12	00:00	02:30	7	14	1	12
02:00	04:30	10	2	16	b	02:00	04:30	b	16	b	10	02:00	04:30	14	b	11	b	02:00	04:30	b	11	1	14	02:00	04:30	b	1	15	11	02:00	04:30	b	15	2	9	02:00	04:30	b	15	2	9
04:00	06:30	11	b	13	5	04:00	06:30	b	13	5	11	04:00	06:30	15	5	12	b	04:00	06:30	5	12	2	15	04:00	06:30	5	2	16	12	04:00	06:30	5	16	b	10	04:00	06:30	5	16	b	10
		S2					S2					S2					S2					S2					S2														
06:00	08:30	1	16	6	14	06:00	08:30	9	6	14	b	06:00	08:30	6	14	b	11	06:00	08:30	14	b	11	b	06:00	08:30	b	11	b	9	06:00	08:30	11	1	9	6	06:00	08:30	11	1	9	6
08:00	10:30	2	10	7	15	08:00	10:30	10	7	15	b	08:00	10:30	7	15	b	12	08:00	10:30	15	b	12	1	08:00	10:30	b	12	1	10	08:00	10:30	12	2	10	7	08:00	10:30	12	2	10	7
10:00	12:30	b	11	b	16	10:00	12:30	11	b	16	5	10:00	12:30	16	5	13	13	10:00	12:30	15	5	13	2	10:00	12:30	b	13	2	11	10:00	12:30	13	b	11	b	10:00	12:30	13	b	11	b
12:00	14:30	b	12	1	9	12:00	14:30	12	1	9	6	12:00	14:30	b	1	9	6	12:00	14:30	1	9	6	14	12:00	14:30	6	14	b	12	12:00	14:30	14	b	12	1	12:00	14:30	14	b	12	1
14:00	16:30	5	13	2	10	14:00	16:30	13	2	10	7	14:00	16:30	2	10	7	15	14:00	16:30	10	7	16	5	14:00	16:30	7	15	b	13	14:00	16:30	15	5	13	2	14:00	16:30	15	5	13	2
16:00	18:30	6	14	b	11	16:00	18:30	14	b	11	b	16:00	18:30	b	11	b	16	16:00	18:30	11	b	15	b	16:00	18:30	b	16	5	14	16:00	18:30	16	6	14	b	16:00	18:30	16	6	14	b
18:00	20:30	7	15	b	12	18:00	20:30	15	b	12	1	18:00	20:30	12	1	9	6	18:00	20:30	12	1	9	6	18:00	20:30	3	9	6	15	18:00	20:30	9	7	15	b	18:00	20:30	9	7	15	b
20:00	22:30	b	9	5	13	20:00	22:30	16	5	13	2	20:00	22:30	b	5	13	2	20:00	22:30	5	13	2	10	20:00	22:30	10	7	16	20:00	22:30	10	b	16	5							
22:00	00:30	12	b	14	6	22:00	00:30	1	14	6	12	22:00	00:30	16	6	9	1	22:00	00:30	6	9	b	16	22:00	00:30	6	b	13	9	22:00	00:30	6	13	b	11	22:00	00:30	6	13	b	11

S1: Stage one
 S2: Stage two
 S3: Stage three

Msukaligwa = 3
 Mkhondo = 4
 Amsterdam = 8